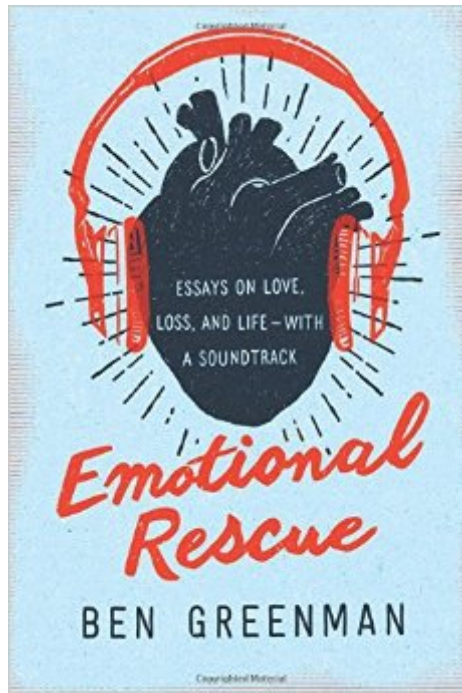


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# Emotional Rescue: Essays On Love, Loss, And Life--With A Soundtrack



## Synopsis

What songs have made up your life's soundtrack? Which have captured your every mood and deepest sentiments? Pop music, like no other form of entertainment or art, is capable of articulating our feelings, desires, joy, and pain. In a few soul-grabbing minutes, artists from every genre—from Little Richard to Lou Reed, Willie Nelson to Wu-Tang Clan, Sly and the Family Stone to the Rolling Stones—can help us understand our place in our own lives. This collection of short, sharp essays by New York Times bestselling author Ben Greenman (*Mo'Nique's Meta Blues*), organized around a thematic playlist of songs, serves as a reminder of the lyrical power of songwriting and the sonic ability of pop to capture the human experience. Greenman's wit, insight, and honesty are as sweet and satisfying as the hits (and the deep cuts) at the center of each essay.

## Book Information

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## Customer Reviews

I love a good memoir and I'm always complaining that very few Kindle First books are non-fiction. So I opted for this one, even though music has never been a big deal for me. I'm puzzled that there's no "Look Inside" feature for this book, since all the other selections let you take a test drive. It's true that Kindle First books are free to Prime members, but only one. If you choose unwisely, you can't get a different one. This is the LAST time I will ever opt for a Kindle First book which doesn't have the free sample. Although not a great music lover, I know how evocative music can be. I can hear a song from my youth and remember where I was when I listened to it and who I was with. As Hoagy Carmichael said, "The melody haunts my reverie...." Only Hoagy didn't say that. He was a composer and he wrote the tinny-but-haunting melody of "Stardust" and a man named

Mitchell Parish (had to look it up) wrote the lyrics. What has always been meaningful to me is the music, not the lyrics. To be honest, I never bother to decipher the words of songs. I'm frequently surprised to stumble onto a reference to written lyrics and find that I had it all wrong. "You can jump back into my bed" turns out to have been "You can eat crackers in my bed." Not exactly a life-changing idea either way, is it? But this author is a big music fan and seems to have figured out how to make a living at it. More power to him. As he points out, modern "streaming" and such means that no longer are we limited to what's on an album or tape. We can now flit like butterflies and hop from one singer or group to another. And he knows ALL the lyrics and finds common ground among various songs and applies them to life situations.

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